

# Swedish Conference on Ultra-Early Intervention March 23rd 2023

## “Always Together”

Caring for newborn babies  
together with their parents  
in skin-to-skin contact and  
Mother-Newborn Couplet Care  
from the time of birth



The Swedish Conference on Ultra-Early Intervention is a scientific conference on Infant- and Family-Centered Developmental Care (IFCDC) and The Newborn Individualized Developmental Care and Assessment Program (NIDCAP)

Organized by:

Karolinska NIDCAP Training and Research Center  
Lund-Malmö NIDCAP Training and Research Center

## Registration Information

**Last day of registration for on site: March 3**

**Last day of registration for online: March 17**

Registration at:

<https://trippus.net/uei>

### Contact

Regarding the conference:

[nidcap.karolinska@regionstockholm.se](mailto:nidcap.karolinska@regionstockholm.se)

Regarding registrations:

[info@meetly.se](mailto:info@meetly.se)

### Conference Fee

On site participation incl. lunch, coffee, and conference dinner:  
3000SEK excl. VAT

Online, digital live participation with access to on demand link:  
1500SEK excl. VAT

### Continuing Education Credits

Credits for Medical and Nursing professionals will unfortunately NOT be available.

### Abstracts and Posters:

Application as one-page abstract to [agnes.linner@ki.se](mailto:agnes.linner@ki.se)  
by February 10

## Venue

Sune Bergström Aula, J3:07, at Karolinska University Hospital, Solna in Stockholm. Address: Eugeniavägen 3, through the main entrance. The meeting will be recorded. Link for online participation will be sent out by email 1-2 days before the event.

## Language

English

## Accommodation

There are several hotels at walking distance to the conference venue and the Karolinska University Hospital. We recommend the Carolina Tower where the conference dinner will be.

## Covid19

We follow recommendations for infection control from the Public Health Agency of Sweden:

<https://www.folkhalsomyndigheten.se/the-public-health-agency-of-sweden/communicable-disease-control/covid-19/>



## Speakers and moderators

**Andersson Ola**, MD, Associate professor, Pediatric Dpt Lund University, Dpt of Neonatology, Skåne University Hospital, Sweden

**Arwehed Sofia**, MD, PhD-student, Dpt of Women's and Children's Health, Dpt of Neonatology, Uppsala University Hospital, Uppsala, Sweden.

**Baldursdottir Sonja**, MD, PhD-student, Dpt of Women's and Children's Health Karolinska Institutet, Dpt of Neonatology Karolinska University Hospital, Stockholm, Sweden.

**Bergman Nils**, MD, PhD, Public Health Physician, Nino Birth, Dpt of Women's and Children's Health Karolinska Institutet, Stockholm, Sweden.

**Claeson Mariam**, MD, PhD, Global Public Health, Karolinska Institutet, Stockholm, Sweden

**Klemming Stina**, MD, NIDCAP Trainer, Co-Director Lund-Malmö NIDCAP Center, Skåne University Hospital, Sweden.

**Kühn Thomas**, MD, Dpt of Neonatology, Vivantes Perinatal Center, Berlin, Manager Neotrainer, Germany

**Linnér Agnes**, MD, PhD, Director Karolinska NIDCAP Center, Dpt of Clinical Science, Intervention and Technology, Karolinska Institutet, Dpt of Neonatology, Karolinska University Hospital, Stockholm, Sweden.

**Mader Silke**, Chairwoman of the Executive Board European Foundation for the Care of Newborn Infants (EFCNI).

**Mehler Katrin**, MD, PhD, Division of Neonatology, Children's Hospital, University of Cologne, Germany.

**Navér Lars**, MD, Associate Professor, Head of Dpt of Neonatology, Karolinska University Hospital, Sweden

**Rao Suman**, MD, Professor of Neonatology, St. John's Medical College and Hospital, Bangalore, Karnataka, India, Consultant at Maternal, Newborn, Child and Adolescent Health and Aging WHO

**Olhager Elisabeth**, MD, Associate Professor of Neonatology, Director Lund-Malmö NIDCAP Center, Head of Pediatric Surgery and Neonatal Care at Skåne University Hospital, Sweden.

**Persson Petersen Magdalena and André**, Parents of Benjamin, born prematurely week 32.

**Schiött Jessica**, RN, Head of Nursing Dpt of Neonatology, Karolinska University Hospital, Sweden

**Thernström Blomqvist Ylva**, RN, Associate Professor, Head of Nursing at the Dpt of Women's and Children's Health, Dpt of Neonatology, Uppsala University Hospital, Sweden.

**Westrup Björn**, MD, PhD, Dpt of Women's and Children's Health, Karolinska Institutet, Stockholm, Sweden.



global alliance  
for newborn care

**PulmiCare AB**

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MEDICAL

**EFCNI**

europa foundation for  
the care of newborn infants

**KAM** Care Design

**VYGON**

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UNIVERSITY HOSPITAL



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08.00	Registration and opening of the online meeting
08:30	Welcome address: Agnes Linnér, Stina Klemming, Jessica Schiött, Lars Navér Moderator: Ylva Thernström Blomqvist
08:40	Benjamin’s parents’ perspectives: Immediate and continuous skin-to-skin contact for a very preterm baby Magdalena and André Persson Petersen
09:10	The science of skin-to-skin contact and zero separation Nils Bergman
09.40	Reflections Moderator: Ylva Thernström Blomqvist
09:50	Coffee with sponsors
10:30	Welcome back Moderator: Mariam Claeson
10.35	Why zero separation matters – what we have learnt from the pandemic Silke Mader
11.10	Immediate KMC. WHO iKMC study and global implementation for all newborns Suman Rao
11.40	Reflections Moderator: Mariam Claeson
11:50	Lunch outside the Aula
13:00	Welcome back Moderator: Ulrika Ådén
13:05	Abstract session, Q&A, reflections Moderator: Ulrika Ådén

14:20	Coffee with sponsors
15:00	Welcome back Moderator: Björn Westrup
15.05	Mother-Newborn Couplet Care Sofia Arwehed
15.35	Reflections Moderator: Björn Westrup
15.40	Introduction to the module “Zero separation in clinical practice” Moderator: Elisabeth Olhager
15:45	The Immediate Parent-Infant Skin-to-skin Study Agnes Linnér
16.05	Physiology based cord clamping and stabilization in zero separation Ola Andersson
16.25	Respiratory support in zero separation Sonja Baldursdottir
16.45	Bonding hour in clinical practice Thomas Kühn
17.05	Bonding hour - scientific rationale Katrin Mehler
17.25	Reflections Moderator: Elisabeth Olhager
17.45	Adjournment Agnes Linnér and Stina Klemming
18.00	Dinner at Haga Bottega, Carolina Tower Elite Hotel